

NUTRITION AND PHYSICAL FITNESS

Finley School District recognizes that good nutrition and regular physical activity are essential to promote children's overall health and academic achievement. The district supports increased emphasis on nutrition and physical activity at all grade levels to enhance the well being of students. It is the policy of the district that students be provided access to nutritious food, opportunities for physical activity and developmentally appropriate exercise and accurate information related to these topics.

District staff should ensure that students have access to health food and beverages in all district venues outside of the federally regulated child nutrition programs. The superintendent will establish procedures for promoting fitness, health and nutrition for all students.

The superintendent/designee will review the district's comprehensive district-wide nutrition and physical fitness program and make recommendations to the superintendent, consistent with state and federal nutrition programs and the Essential Academic Learning Requirements (EALRs). The recommendation should include opportunities for the district to provide developmentally appropriate instruction for grades K-12 regarding fitness and nutrition.

Cross References:	Board Policy 4260	Use of School Facilities
Legal References:	RCW 28A.230.040	Physical Education-Grades 1-8
	28A.230.050	Physical Education in High Schools-Food Services
	28A.235	Food Services
	28A.235.120	Meal Programs-Establishment and Operation-Personnel-Agreements
	28A.235.130	Milk for children at school expense
	28A.623.020	Nonprofit program for elderly – Authorized - Restrictions
	69.04	Intrastate Commerce in Food, Drugs and Cosmetics
	69.06.010	Food and beverage service worker's permit-Filing, duration-Minimum training requirements
	69.06.020	Permit exclusive and valid throughout state-Fee
	69.06.030	Diseased persons-May not work-Employer may not hire
	69.06.050	Permit to be secured within fourteen days from time of employment
	69.06.070	Limited duty permit
	WAC 392-410-135	Physical education-Grade school and high school requirement
	WAC 392-410-136	Physical Education Requirement-Excuse
	7CFR, Parts 210 and 220	
	7 CFR, Part 245.5	

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Finley School District
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